Crispy Sausage and Potatoes



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Recipe by: Laura Vitale

Serves 4

Prep Time: 10 minutes Cook Time: 25 minutes

Ingredients

- __4 Links of Italian Spicy Sausage
- __1 lb of Potatoes, chopped into bite size pieces
- pieces
- __3 Tbsp of Light Olive Oil
- __2 Tbsp of Chopped Parsley
- __Pinch of Salt and Pepper

- 1) Add the potatoes to a saucepan, cover with water and bring to a boil. Boil them for about 6 to 7 minutes or until they are about 3/4 of the way cooked through, drain well, set them aside on a paper towel lined plate and pat them dry as much as possible. Set them aside for a bit.
- 2) Slice the sausage lengthwise, making sure not to slice it all the way through. Open it (like a book) remove the casing and flatten the sausage patty with your hand a bit to get it nice and even.



- 3) Preheat a large skillet over high heat, add the oil and make sure its nice and hot, add the flattened sausages and cook them for about 3 to 4 minutes on each side or until deeply browned and crispy, remove to a plate and cover with foil to keep warm.
- 4) Reduce the heat to medium, add the potatoes making sure they are in a single layer, and cook them for about 7 to 8 minutes giving them a toss every couple minutes to insure every piece is crispy and golden brown.
- 5) Stir in the parsley, remove from the heat and serve with the crispy sausage.

That my friend, is a proper way to make what my nonna calls Sasicc e patan:)