

Tuscan Bean Soup



Scan Code To Watch
Video!



Recipe by: Laura Vitale

Serves 4

Prep Time: minutes

Cook Time: minutes

Ingredients

__ 2 15oz cans of Cannelini Beans, rinsed and drained

__ 1 Large Onion, diced

__ 4 Cloves of Garlic, minced

__ 2 Tbsp of Extra Virgin Olive oil

__ 1 Tbsp of fresh Thyme Leaves

__ 3 ½ cups of Chicken Stock

__ 2 Tbsp of Heavy Cream

__ Salt and Pepper to taste

__ 6 oz of Pancetta, diced

__ 6 Fresh Sage Leaves, chopped

__

For the Costini

__ Fresh Baguette slices

__ Extra Virgin Olive Oil

__ Freshly grated Parmigiano Reggiano

1) In a large pot over medium heat, sauté the onions and garlic with 1 tbsp of olive oil, season with salt and pepper and let it cook for about 7 to 8 minutes or until translucent and slightly golden.

2) Add the fresh thyme and the beans, give them a stir to combine with the onions and add the stock. Bring to a boil and let it cook for about 10 minutes.

3) Meanwhile cook the pancetta and sage in a small sauté pan until they are nice and crispy. Drain on a paper towel lined plate and set aside.

4) Meanwhile place the baguette slices on a baking sheet and drizzle them with a bit of olive oil, bake them at 400 degrees for about 10 minutes, then top them with some freshly grated parmiggiano and put them back in the oven for 4 to 5 more minutes.

5) Add the heavy cream and stir, using an emergent blender, puree the soup until desired consistency, adjust the seasoning to taste and ladle in a soup bowl. Top with some of the crispy pancetta and sage and serve the parmesan crostini along side.

