

3 Ingredient Baby Ice Cream



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Recipe by: Laura Vitale

Makes 1-1/2 cups of ice cream

Prep Time: 5 minutes

Cook Time: 0 minutes

Ingredients

- ___ 2/3 cup of Plain Greek or Regular Yogurt
- ___ 2 Ripe Bananas (make sure they are ripe so they are nice and sweet)
- ___ 2 Tbsp of Almond Butter

1) Add all ingredients to a food processor and blend until smooth, store in an airtight container in the freezer until set.

NOTE: This ice cream freezes really solid and therefore needs to come to room temperature for 20 to 30 minute or until it softens and scoops easily.

