Crescent Rolls



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Recipe by: Laura Vitale

Makes 24

Prep Time: 25 minutes Cook Time: 20 minutes

Ingredients

- __4 cups of All Purpose Flour
- __1 tsp of Salt
- __1-1/4 cup of Warm Water, about 110

degrees Fahrenheit

- __1-1/2 Tbsp of Active Dry Yeast
- ____1/4 cup of Cold Butter, cut into small pieces
- __1/4 cup of Cold Vegetable Shortening, cut into small Pieces
- __1 Egg
- __2 Egg Yolks
- __1/3 cup of Granulated Sugar
- __3 Tbsp of Melted Butter for brushing them when they come out

- 1) Add the yeast and one teaspoon of sugar to the warm water and set it aside to proof.
- 2) In the bowl of a standing mixer, add the flour, sugar and salt then add the egg, egg yolk and yeast mixture, knead on medium speed for about 2 minutes, then add the cold butter and shortening and knead for another minute or so.



- 3) Place the dough in an oiled bowl, cover with plastic wrap and pop it somewhere to rise until doubled in size.
- 4) Dump the dough onto a floured surface cut it in half, then roll each half into a 12 inch circle (on a very lightly floured surface) cut into 12 wedges and roll each one into a crescent roll and place them seam side down on a parchment paper lined baking sheet.
- 5) Repeat with the other half then pop them in the oven and bake them for about 15 to 18 minutes or until golden brown.
- 6) Brush the tops with a little butter when they come out.