Baked Churro Twist with Chocolate Sauce



Scan Code To Watch Video!



Recipe by: Laura Vitale

Makes about 15

Prep Time: 15 minutes Cook Time: 20 minutes

Ingredients

For the Twists:

- __1 Sheet of Puff Pastry, thawed
- __3 Tbsp of Granulated sugar
- __1 tsp of Ground Cinnamon
- Eggwash, one egg beaten with a tablespoon of milk or water

For the Chocolate Sauce:

- __1 cup of Semisweet or Bittersweet Chocolate
- __1/2 cup of Heavy Cream
- __1 Tbsp of Unsalted Butter, softened at room temperature
- __Less than 1/8 tsp of salt

- 1) In a small bowl, mix together the sugar and cinnamon and set aside. Line 2 baking sheets with some parchment paper and set aside.
- 2) Lay out the puff pastry on a lightly floured surface, roll it out so its about 1 bigger on all sides, brush the egg wash all over the top, then sprinkle evenly with the cinnamon sugar mixture.



- 3) Cut about 1 inch strips lengthwise, then take the two ends and give it a few twists (refer to video for clearer instructions) place them on the baking sheets, then pop them in the freezer for 15 minutes.
- 4) Preheat your oven to 400 degrees, bake the twists for 15 to 20 minutes or until golden brown, rotate the baking sheets halfway through for even baking.
- 5) Allow the twists to cool, meanwhile, make the sauce.
- 6) In a small saucepan add all the ingredients for the sauce, then on medium-low heat and constantly stirring, cook the mixture until everything is evenly melted then pour the sauce in a dish immediately to prevent over cooking.