

# Chicken Enchilada Stuffed Peppers



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Recipe by: Laura Vitale

Serves 4

**Prep Time: 15 minutes**

**Cook Time: 45 minutes**

## Ingredients

- 4 Bell Peppers or Poblano Peppers
- 1-1/2 Cups of Cooked Shredded Chicken
- 1/2 cup of Corn Kernels
- 1/2 cup of Cooked Black Beans
- 1/4 cup of Chopped Scallions
- 1/4 cup of Chopped Cilantro
- 1 cup of Shredded Cheddar
- 1-1/2 cups (or more) of Mild Red Enchilada Sauce

1) Cut the peppers in half lengthwise, remove the seeds and set aside. Preheat a grill pan or skillet over high heat, place the peppers on it and grill them for a couple minutes on each side, remove to a plate and set them aside.



2) Preheat your oven to 400 degrees, pour a little enchilada sauce in the bottom of a casserole dish big enough to fit the peppers in it snugly.

3) In a large bowl, mix together the chicken, corn, black beans, scallions, cilantro, 1/2 cup of cheese (a little more wont hurt) and about 1/2 cup of enchilada sauce.

4) Fill the peppers with the mixture, top with a little more sauce and sprinkle on some cheese. Bake them for about half an hour or until bubbly.

5) Allow them to cool slightly before serving!