Summer Rolls



Scan Code To Watch Video!



Recipe by: Laura Vitale

Makes 6 to 8

Prep Time: 15 minutes Cook Time: 4 minutes

Ingredients

___2 oz of Thin Rice noodles, cooked and rinsed according to package instructions

__6 or 8 (depending on the size) Large Rice Paper Rounds

__1 Red Bell Pepper Thinly Sliced

___1/2 of a Cucumber, sliced into thin matchsticks

__5 Green Onions, thinly sliced into matchsticks

- __1 Carrot, peeled and shredded
- ___1/4 cup of Chopped Cilantro
- ____1/4 cup of Chopped Mint
- 2 Tbsp of Canola Oil
- __3 Tbsp of Rice Wine Vinegar
- __1 Tbsp of Lime Juice
- ___1 tsp of Sugar
- __1 Tbsp of Soy Sauce or Fish Sauce
- ___1 Clove of Garlic, finely minced
- __1 tsp of Grated Ginger

1) In a small bowl, whisk together the canola oil, sugar, lime juice, vinegar, soy sauce, garlic and ginger, set aside.

2) In a large bowl, add cooked rice noodles, bell pepper strips, cucumber, green onions, shredded carrot, cilantro and mint. Pour dressing over noodles and veggies, toss everything together and allow them to sit at room temperature for about 15 minutes.



3) Fill a shallow bowl with hot water and dampen a lint free kitchen towel well under water and make sure to squeeze out any excess water.

4) Place the kitchen towel on your work surface, dip each piece of rice paper in the hot water (keep it in the hot water until it softens but be careful not to tear it) then place the pliable rice paper on the damp kitchen towel.

5) Add some of the veggies and noodle mixture on one side of the rice paper (the side closest to you) and wrap it like a burrito.

6) Cut in half and serve right away or place them on a tighty sealed container, making sure to cover the actual rolls with a piece of damp paper towel to keep them from drying out.