Apple Cinnamon Muffins



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Recipe by: Laura Vitale

Makes 12

Prep Time: 10 minutes Cook Time: 25 minutes

red	

- __1 ½ cups of All Purpose Flour _½ cup of Granulated Sugar

temperature

- __1 tsp of Baking Powder __1/2 tsp of Baking Soda
- 1/4 tsp of Salt
- __½ cup of Plain Yogurt
- __1 tsp of Ground Cinnamon
- __1 tsp of Vanilla Extract
- __¼ cup of Milk
- __2 Eggs
- __2 Grated Apples, peeled and grated
- __1 tsp Orange Zest

For the Topping:

- __1/4 cup of Brown Sugar
- __¼ cup of Granulated Sugar
- __2 Tbsp of All Purpose Flour
- 1/4 tsp of Cinnamon
- __3 Tbsp of Cold Unsalted Butter
- __⅓ cup of Chopped Walnuts

- 1) Preheat your oven to 375 degrees. Line a muffin tin with some liners and set aside.
- 2) In a large bowl, mix together the flour, salt, baking powder, baking soda and cinnamon, set aside.
- 3) In a separate bowl, cream together the butter and sugar, add the eggs and vanilla and whisk them together until combined.



- 4) Whisk in the yogurt, shredded apples and orange zest, add the dry ingredients along with the milk (add a bit more milk if you feel like the batter is too thick).
- 5) Using an ice cream scoop divide your batter evenly in the lined muffin tin and set aside.
- 6) To make the topping, in a different bowl, add both kinds of sugar, the flour, and butter. Using a pastry cutter, cut the butter in the sugar mixture until its in smaller pieces, toss in the walnuts and stir everything together to combine.
- 7) Add a spoonful of the mixture on top of each muffin, bake them for about 20 to 24 minutes or until fully cooked through.