

Spinach Dip



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Recipe by: Laura Vitale

Serves 6

Prep Time: 5 minutes

Cook Time: minutes

Ingredients

- 1 8oz Block of Cream Cheese
- 1 10oz Box of Frozen Chopped Spinach, thawed and squeezed out of any liquid
- 2 Cloves of Garlic, minced
- 1 Small Onion, finely chopped
- 1 Tbsp of Olive Oil
- ½ cup of Parmigiano Reggiano
- 1/3 cup of Water
- Salt and Pepper, to taste

1) Add the oil, garlic and onion in a saucepan and cook over medium heat until the onions and garlic develop a light golden brown color.

2) Add the cream cheese and cook it for about a minute while constantly stirring.

3) Add the spinach and water and season with salt and pepper. Cook the mixture for just a few minutes or until its hot, bubbly and creamy.

4) Stir in the cheese and serve it in a bread bowl.

