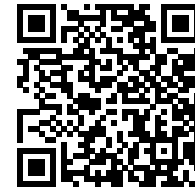


# Apple Sauce



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Recipe by: Laura Vitale

*Makes About 2 Cups*

**Prep Time: minutes**

**Cook Time: minutes**

## Ingredients

\_\_ 5 Golden Delicious Apples, peeled,  
quartered and chopped

\_\_ ½ tsp of Ground Cinnamon

\_\_ ½ tsp of Orange Zest

\_\_ ½ cup of Apple Juice

\_\_ ¼ cup of Brown Sugar

Place all the ingredients in a saucepan and cook on medium heat for about 20 minutes or until the apples are tender. Mash with a masher or a fork.

