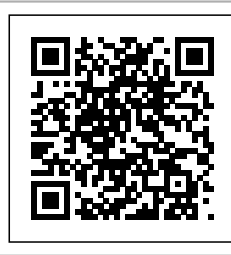


White Risotto



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Recipe by: Laura Vitale

Serves 4

Prep Time: minutes

Cook Time: minutes

Ingredients

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__ 1 Small Onion, minced

__ ¼ cup of Diced Celery

__ 2 Cloves of Garlic

__ 1 cup of Arborio Rice

__ ¾ cup of White Wine

__ 4 1/2 to 5 cups of Chicken Stock

__ 2 Tbsp of Olive Oil

__ ½ cup of Freshly Grated Parmigiano

Reggiano

__ 3 Tbsp of Unsalted Butter, at room

temperature

__ Salt and pepper, to taste

__ Fresh Parsley, chopped

1) Preheat a large skillet with high sides over medium heat, cook the onions, celery and garlic in the olive oil for 5 to 7 minutes or until translucent. Add the rice and coat it in the oil, let it cook for about a minute.

2) Add the wine and allow it to reduce for about a minute as well. Add a ladle full of the simmering chicken broth to the rice, stir constantly and continue to add the broth one ladle full at a time making sure to wait until the rice has soaked it all up before adding in another. Continue cooking the rice this way for about 18 minutes or until the rice is about 5 minutes away from being fully cooked.

3) When the rice is just about fully cooked, add in one more ladle full of chicken broth and season with salt and pepper. Add in the parmigiano and butter, turn the heat off and place a lid on the pan. Let it sit for 5 minutes covered. Scatter over the chopped parsley and serve immediately!

