Baked Chicken and Rice



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Recipe by: Laura Vitale

Serves 6

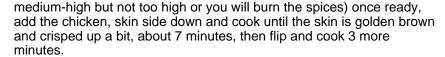
Prep Time: 15 minutes

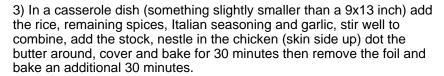
Cook Time: 1 hours 15 minutes

Ingredients

- __6 Bone-in, Skin-on, Chicken Thighs
- __4 Tbsp of Olive Oil
- ___2 Tbsp of Garlic and Herb Seasoning
- __1 Tbsp of Smoked Paprika
- __Salt and Pepper, to taste
- __1-1/2 cups of Long Grain Rice
- __4 Cloves of Garlic, minced
- __3 cups of Chicken Stock, hot
- __2 tsp of Italian Seasoning
- __3 tbsp of Unsalted Butter

- 1) Preheat your oven to 350 degrees. Mix together the garlic and herb seasoning and smoked paprika, take half and set it aside, to the remaining half, add salt and pepper (not too much salt if your seasoning has salt) and sprinkle it evenly over both sides of the chicken and set aside.
- 2) In a large skillet (preferably stainless steel or cast iron for best results here) add the olive oil, preheat over medium-high (just right between medium and





4) Add some parsley, and enjoy!

