Citrus Pavlova



Scan Code To Watch Video!



Reci	ne h	v· I a	aura '	Vital	le
1100	$\nu \sigma \nu$	'V. ∟c	ula	vila	·

Serves 8

Prep Time: 20 minutes

Cook Time: 1 hours 0 minutes

Ingredients

For	tne	pav	Iova	base
_		. \ \ / L	:+	of roo

- __5 Egg Whites at room temperature
- __1/2 tsp of Cream of Tartar
- __1 cup of Granulated Sugar
- __1/4 tsp of Salt
- __1 tsp of White Wine Vinegar
- __2 tsp of Cornstarch
- __1 tsp of Vanilla Extract
- ___

For the filling:

- __3 Oranges, peeled using a sharp knife and cut into 1/2 slices
- __3 Tbsp of Brown Sugar
- __1 cup of Lemon Curd
- ___1 cup of Heavy Cream whipped to soft peaks

- 1) Preheat your oven to 275 degrees, trace a 9 circle using a pencil on a piece of parchment paper, then flip it over (so your batter wont touch the pencil).
- 2) In a large bowl using a handheld electric whisk (or using a standing mixer fitted with a whisk attachment) whip together the egg whites and cream of tartar until foamy, then slowly start adding the sugar and salt and continue to whisk until the egg whites turn a glossy thick white color.



- 3) Fold the cornstarch, vinegar and vanilla, then add the batter to your prepared baking sheet (in the circle you drew) smooth out the sides and make a small indent in the center, pop it in the oven, bake for 1 hour, then turn the heat off the oven and leave the pavlova in the oven to cool for a few hours or until completely cooled. Meanwhile, once the pavlova is ready and cooled, remove from oven then turn the broiler on, arrange the oranges on a foiled lined baking sheet, sprinkle the brown sugar over the top and pop them in just to melt the sugar, remove, set aside and let them cool.
- 4) Once the pav has cooled, run a large spatula under it to loosen it, then place it on a serving tray, top with the lemon curd, then the whipped cream and followed by the oranges.
- 5) Cut and serve right away!