

Garlic Butter Baked Salmon



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Recipe by: Laura Vitale

Serves 2

Prep Time: 10 minutes

Cook Time: 15 minutes

Ingredients

- 2 Fillets of Salmon
- 2 Tbsp of Unsalted Butter
- 1 tsp of Lemon Zest
- 1 tsp of Lemon Juice
- 2 Cloves of Garlic, minced
- 1 Tbsp of Parsley, minced
- Salt and Pepper, to taste

1) Preheat your oven to 400 degrees, roll out a big piece of aluminum foil big enough to wrap the salmon nicely, place the salmon fillets in the center. Fold up all 4 sides (so nothing spills) and set aside.

2) In a small bowl, mix together the butter, lemon zest and juice, garlic, parsley and salt and pepper pour over the salmon, wrap tightly then place on a baking sheet and bake for 15 minutes.

