Crock Pot Chicken Stroganoff



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Recipe by: Laura Vitale

Serves 4-6

Prep Time: 10 minutes Cook Time: 4 hours 0 minutes

Ingredients

- __1 lb of Chicken Breast, cut in 1 inch cubes
- __1 Small Yellow Onion, diced
- 2 Cloves of Garlic, minced
- ___8 oz of Cremini Mushrooms, sliced
- __2 cups of Chicken Stock
- __1/4 cup of All Purpose Flour
- __1 tsp of Dried Parsley
- __1 tsp of Onion Flakes
- __1 tsp of Granulated Garlic
- __1 tsp of Worcestershire Sauce
- __Salt and Pepper to taste
- ___1/4 cup of Cream Cheese, softened at room temperature
- 1/4 cup of Sour Cream
- ____Fresh Chopped Parsley
- __3 cups of Egg Noodles

1) In a measuring cup, whisk together the chicken stock, flour, dried parsley, granulated garlic, garlic flakes and worcesteshire sauce, set aside.

2) place the chicken, onions, mushrooms and garlic in your slow cooker, season well with salt and pepper, pour the stock mixture over the top, cover and cook on high for 3 hours.



3) Add the egg noodles right in the sauce,

cover and cook another half an hour, after that, stir in the cream cheese, sour cream and parsley and serve right away!