

Cookies and Cream Parfaits



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Recipe by: Laura Vitale

Serves 4 to 6 or even 8, depending on the size of the serving dishes

Prep Time: 20 minutes

Cook Time: 5 minutes

Ingredients

__ 1/4 cup of my DIY Instant Vanilla Pudding
or, if using store bought, use 1/4 cup of cook
and serve vanilla pudding

__ 1 cup of Whole Milk

__ 1 cup of Semisweet Chocolate Chips

__ 2 Cups of Heavy Cream, whipped to stiff
Peaks

__ About 20 Oreo Cookies crushed into little
pieces

1) In a saucepan, add the milk and pudding mix, cook on medium heat for a few minutes or until it thickens (make sure to constantly stir to keep it from sticking) then pour the hot mixture over the chocolate chips in a medium bowl and stir everything together well until the chocolate chips fully melt. Cover the mixture with some plastic wrap and pop it in the fridge to cool for a couple of hours.

2) Once the chocolate mixture has cooled, mix in about 1/3 of the whipped cream and set aside.

3) When ready to serve, in your serving dishes simply add layer the chocolate mixture, followed by the whipped cream and finish with the crushed cookies, repeat this same layer if you want to make little trifles.

