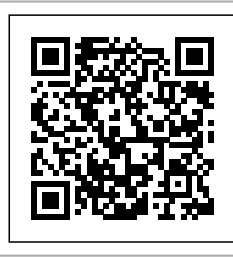


My Favorite Overnight Oats



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Recipe by: Laura Vitale

Serves 1

Prep Time: 5 minutes

Cook Time: minutes

Ingredients

- 1/2 cup plus 1 tablespoon of Unsweetened Vanilla Almond Milk
- 1/2 cup of Old Fashioned Oats
- 1 Tbsp of Peanut Butter
- 1 tsp of Honey
- Mixed Berries

1) Stir together the milk and oats, place them in a sealed container and pop them in the fridge overnight. When you're ready to serve them, add the peanut butter, a drizzle of honey and some fresh berries and dig in.

NOTE: I usually make several batches of these at once so I have them on hand for a quick breakfast during the week.

BEST BREAKFAST EVER!!

